

DATE: THURSDAY APRIL 14

HAMILTON CHAPTER APRIL MEETING

ONTARIO ALLIANCE OF CAREER DEVELOPMENT PRACTITIONERS

PRESENTS.....

A continuation of the CPR series: SELF-CARE & EMOTIONAL WELL-BEING

The OACDP welcomes Sue Freeman—a certified Emotional Intelligence Coach through Multi-Health Systems Inc. Her holistic approach allows Clients to feel relaxed and see their own possibilities unfold as they work through the emotional actuality of their lives.

When's the last time you made yourself a priority?

Join her as she helps you uncover you “best possible self” through interactive exercises and provocative discussions regarding how you as a career professional must make “you” your number one priority.

**LOCATION: ROMANIAN HALL,
20 MURRAY ST, HAMILTON, L81 1B1**

**TIME: 5:30 PM -NETWORKING
6:30 - 8:00 PM - PRESENTATION
8:00 PM - PRIZES**

COST: \$10.00

REGISTRATION DEADLINE: APRIL 13,2011

RSVP: INFO@OACDPHAMILTON.CA

NOTE: LIGHT REFRESHMENTS WILL BE PROVIDED



Continued